

Who We Are

Specializing in full-service pediatric care with 24-hour on-call hospital care, our board certified pediatricians provide quality and accessible healthcare in the California cities of Riverside and Perris. Our clinics are near the hospitals wherein our patients receive care, namely Riverside Community and Parkview Community. Our medical director Timothy D. Watson, M.D. is the current President of the Riverside County Medical Association (RCMA). Together, Dr. Tim Watson, Dr. Faize Mustafa-Infante, and Dr. Edilberto Agas provide patient care services within the clinics and local hospitals. Certified physician assistant, Kaneez Ali, and Certified Pediatric Nurse Practitioners, Karin Colunga, and Lauren Hunt assist the physicians in providing compassionate clinical services at both offices. We also provide 24-hour English and Spanish patient advice. Our experienced office manager, Norma Lerma, facilitates efficient and pleasant office experiences. Our quality and experienced staff provide gentle and caring services to our precious patients.

Contact Us

Riverside Location:
6926 Brockton Avenue Ste. 6
Riverside, CA 92506
(951) 779-1670

Perris Location:
215 W. 4th Street
Perris, CA 92560
(951) 943-4751

Email: customerservice@missionpediatrics.com
Web: www.missionpediatrics.com



Headache Diary



Instructions

Please list **TIME** and **DATE** the headache **STARTS**.

DESCRIBE the headache.

Please list what makes it **BETTER** and what makes it **WORSE**.

Please list the **TIME** and **DATE** the headache **STOPS**.

Please make sure that **IF** you need glasses or a new prescription, that you have the correct prescription and wear your glasses **EVERY DAY**. Please make sure to tell your doctor if you have headaches that wake you up at night. Write down **ALL** pain medications you take. Please make sure to tell your doctor if you are using pain medication every day.

Please write down if you drank coffee, caffeinated tea, espresso or caffeinated soda.



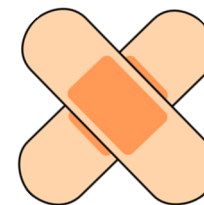
EXAMPLE: (not necessarily a typical example)

January 1, 2015: 11:15 a.m. Headache began after eating Hot Cheetos™. I could feel it coming as I began crunching them with it starting behind my eyes, and moving to my forehead. It began pounding. Loud noises made it worse for me. I went to the office and sat down in a quiet room and drank some water, then the headache went away at about 12:30 p.m.

January 1, 2015: 3:00 p.m. Headache began after I finished eating noodles. It came on suddenly on the right side of my head, throbbing and made me want to throw up. Nothing made it better or worse. I took one ibuprofen tablet (200mg). I felt better by dinner time at 7:00 p.m.

Mission Statement

- To provide high-**quality**, whole-person pediatric **care** with emphasis on **excellence** and **compassion**.
- To actively promote **healthy** living, healing and overall **improved** patient health to **include** the under-served patients in our **community** and beyond.
- To combine the art of **good** medical **teaching** with humor and **cheerfulness** such that both the provider and the patient are **satisfied**.



Vision

- Mission Pediatrics is recognized in the community for its quality, excellence, ethics, compassion and caring service. We provide this by maintaining a culture of teamwork and conscientiousness and by strongly emphasizing teaching both to promote health and to prevent illness & disease.
- We view patient care as an investment in the future health of the nation and thus take our mission very seriously, but not without incorporating whimsy and humor in the patient experience. We all remember being kids and many of us have children of our own — adding to the empathy we bring to each patient encounter.
- Each provider on our team bears a special interest in maintaining access to include the underserved by gently treating each patient and their family with dignity and compassion. We truly view our service as a mission.
- Not only do we seek to be on the forefront of pediatric quality care by actively participating in multiple medical societies and in pediatric policy-making, we also aim to promote this message beyond our community as opportunities arise.

Date: _____

Start Time: _____ End Time: _____

Details:



Date: _____

Start Time: _____ End Time: _____

Details:



Date: _____

Start Time: _____ End Time: _____

Details:



Date: _____

Start Time: _____ End Time: _____

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Date: _____

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Date: _____

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